PATEN ORA WILLIAM PROK

METRO NEW YORK WORLD MINISTRY

ADULT SABBATH SCHOOL CONTRIBUTING NOTES For the week of September 9 – September 15, 2017 Lesson #12 of "The Gospel in Galatians"



Living by the Spirit

Memory Text: "This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh." (Galatians 5:16 KJV).

Additional Verses for Meditation and Study This Week:

Galatians 5:16-25; Romans 7:14-24; Jeremiah 7:9; Hosea 4:2; Matthew 22:35-40;

Main Thought for the Week: Is Christianity something we do? Or is it something we are? Is a successful Christian defined any of the following?

- How much will power he or she has
- How much they talk about God
- How much faith they have

Christianity is a lifestyle, not an activity or an event or an occasion. And the power for a successful Christian life must be found somewhere, because it is not naturally within us. This week, we will see what God gives us, and how He enables us to live in harmony with His will.

Sabbath School Lesson Notes – Sept. 16, 2017

Walking in the Spirit

Sunday's Summary – September 10:

1.	Why does the Bible use "walking" as a metaphor for the Christian experience?
	Psalm 119:1-3
	Deuteronomy 13:4-5
	Matthew 7:13-14
	John 14:6
2.	What does it mean to walk in the Spirit?
	Ezekiel 36:25-27
	Romans 8:1,5
	2 Timothy 2:22
D	iscuss/Consider: Christianity is not simply an event or activity - it is a lifestyle
ls :	your religious experience a continuous one, or a periodic one?
ΡI	ERSONAL NOTES:

The Christian's Conflict

Monday's Summary – September 11:

1.	What is the basis for the struggle experienced by the Christian?			
	Galatians 5:16-17 Romans 7:21-23			
	James 1:12-14			
D	iscuss/Consider: Are there things we can do which make the conflict easier o			
ha	rder for ourselves?			
Ρŀ	ERSONAL NOTES:			

The Works of the Flesh

Tuesday's Summary – September 12:

1.	What are some of the "works of the flesh" outlined in the Bible?			
	Galatians 5:19-21			
	Mark 7:21-23			
	1 Peter 4:3			
D	iscuss/Consider: Work leads to wages. What are the wages for the list above			
ΡI	ERSONAL NOTES:			

The Fruit of the Spirit

Wednesday's Summary – September 13:

1.	In what ways is the list of righteousness different from the lusts of the flesh list?			
	Galatians 5:22-24			
	Matthew 22:35-40			
	1 Timothy 6:11-12			
D	iscuss/Consider: The fruit of the Spirit is not attained in the same way as the			
lu	sts of the flesh. Why is the fundamental reason for this?			
ΡI	ERSONAL NOTES:			

Sabbath School Lesson Notes – Sept. 16, 2017

The Way to Victory

1. Is there a "formula for success" in the life of a Christian? If so, what is it?

Thursday's Summary – September 14:

Galatians 5:24-25
James 4:7-10
Philippians 2:5, 12-13
ILLUMINATION: The life of the Christian is not all smooth. He has stern conflicts to
meet. Severe temptations assail him. "The flesh lusteth against the Spirit, and the Spirit
against the flesh." The nearer we come to the close of this earth's history, the more
delusive and ensnaring will be the attacks of the enemy. His attacks will grow fiercer and
more frequent. Those who resist light and truth will become more hardened and
unimpressible, and more bitter against those who love God and keep His commandments
(MS 33, 1911)
The influence of the Holy Spirit is the life of Christ in the soul. We do not see Christ
and speak to Him, but His Holy Spirit is just as near us in one place as in another. It works
in and through every one who receives Christ. Those who know the indwelling of the
Spirit reveal the fruits of the Spirit - love, joy, peace, long-suffering, gentleness,
goodness, faith (MS 41, 1897).
– Ellen G. White Comments, SDA Bible Commentary , Volume 6 , pp. 1111-1112
PERSONAL NOTES:

Sabbath School Lesson Notes – Sept. 16, 2017

Wrapping It All Up...

Appeal: We cannot be successful in the Christian experience without the Holy Spirit

Friday's Summary – September 15:

living within us. We encourage you to take some time today to ask God for the Hol		
Spirit to guide and direct your path		
Final Thoughts: At Metro New York World Ministry, we seek to emphasize that th		
Plan of Salvation guarantees power to the Christian for living in accordance with God'		
will. This power is through the indwelling presence of the Holy Spirit. Holy living is no		
simply about good-looking externals - it is about a life that is actuated by God, an		
embraces the mind of Jesus Christ. It is about a life that produces the fruit of God's love		
a fruit that cannot be counterfeited. The Christian life is not a part-time existence, but		
full-time reality. Let us walk in the Spirit, so that we will not satisfy the lusts of the flesh.		
PERSONAL NOTES:		

