

## My Bible, My Declaration & Belief

This is my Bible.

It contains the message of the everlasting gospel of the kingdom which is the power of God unto salvation.

I believe and hold the truth written on its pages to be self-evident, undeniable and all powerful. It is the indestructible, authoritative, self-explanatory, all-encompassing and all-embracing Word of God that goes beyond the ordinary limits of time and space.

I believe I am who it says I am. I believe in what it says I can do because each day, as I read, hear and meditate upon the Word of God, it is being written, indelibly printed, upon my heart and mind by the Holy Spirit.

It is renewing, reinforcing and strengthening my inner man constantly after the likeness of my Creator, making me, by faith, completely confident that my life in this world is actually the life of Christ being lived out in me.

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BACK



Metro New York World Ministry

End of Year Service 2025

## "Biblical Meditation: The Path to Eternal Life"

December 31, 2025 @ 1:30pm EST

Join us for our  
**Communion and Candlelight Services**

Call in Numbers

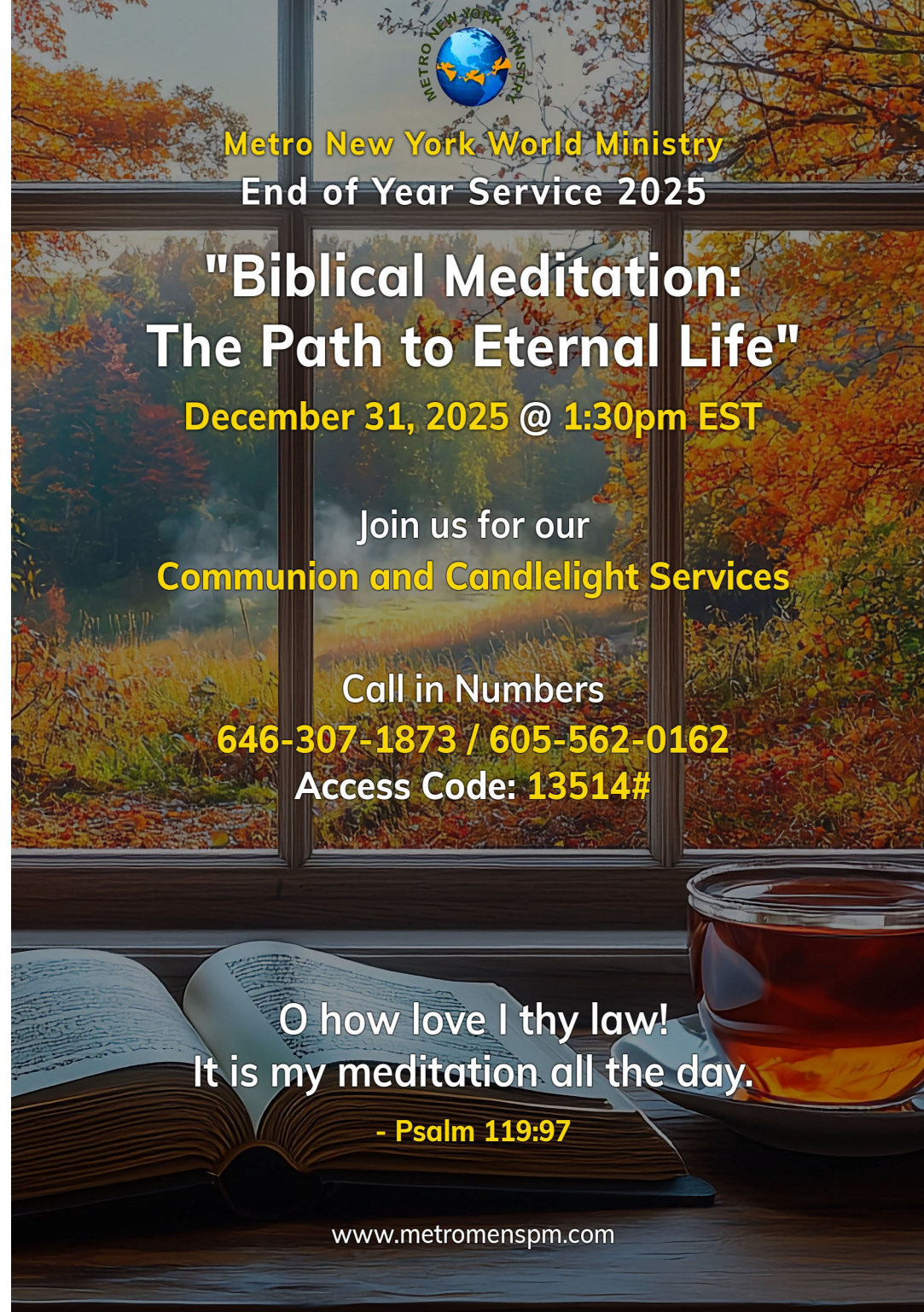
**646-307-1873 / 605-562-0162**

Access Code: **13514#**

O how love I thy law!  
It is my meditation all the day.

- Psalm 119:97

[www.metromenspm.com](http://www.metromenspm.com)





# Order of Service

Scripture Reading: Psalm 100.....T. Wold  
Music: Instrumental.....J. Scott  
Opening Prayer.....K. Phillips  
Welcome.....D. Gordon  
Song.....S. Johnson  
Song.....S. Welch

Court: Bible Reading vs Biblical Meditation  
the Path to Eternal Life P1

Song.....S. Welch  
Scripture Reading:.....M. Bates

Court: Bible Reading vs Biblical Meditation  
the Path to Eternal Life P2

Testimonies .....K. Phillips  
Song .....S. Johnson

Court: Bible Reading vs Biblical Meditation  
the Path to Eternal Life P3

Invitation to Service.....A. Espinet  
Prayer.....A. Espinet

Scripture Reading .....T. Wold

Court: Bible Reading vs Biblical Meditation  
the Path to Eternal Life P4

Song.....J. Scott  
Message.....D. Gordon  
Communion Service.....D. Gordon  
Song.....K. Phillips  
Candlelight Service.....A. Espinet  
Song.....M. Harris  
Vote of Thanks/Benediction/Prayer .....D. Gordon/M. Harris  
Closing song.....M. Harris

## Communion Service

*He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. John 6:56*

Instruction on the Communion Service.....D. Gordon

### The Bread: The Body of Christ

Scripture Reading.....T. Wold

Musical Selection..... M. Harris

Commentary & Prayer .....D. Gordon

Instructions to Partake of the Bread .....D. Gordon

### The Fruit of the Vine: The Blood of Christ

Scripture Reading.....A. Singh

Musical Selection.....M. Harris

Commentary & Pray-



## Candlelight Service

God desires to rescue everyone from spiritual darkness, many unaware of their state, and bring all those in darkness into His marvelous light. Jesus, who is the image of God, came to illuminate the way for the spiritually blind as He is the light of the world ([John 8:12](#)). So, God has chosen the believers of the Way to be the bearers of this light of the gospel of the Kingdom to the world. ([2 Corinthians 4:4](#), [1 Peter 2:9](#)). Our purpose as light-Bearers is to **illuminate, expose and dispel** the darkness of this world. So “Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven”.

### **Consecration Pledge**

I \_\_\_\_\_ Commit myself in total obedience to God’s will according to His word as written in the constitution of scriptures and the indwelling power of the Holy Spirit, to yield to all His instructions at all times making it first in my life. I will cheerfully, sacrificially, and regularly give, my time, talent and resources to support the spreading of the everlasting gospel for the advancement of the kingdom of God here on earth as the Holy Spirit prepare a people for the second coming of Christ.



## The Transforming Power of Biblical Meditation

**M**ost people are reading the bible and are walking away feeling unchanged, but the word of God was not meant to be skimmed or treated as religious routine. It is actually a divine invitation to slow down, breathe in truth and allow God's voice to resonate through every part of your life. **Joshua 1: 8** is essentially saying to each of us "let my word live in your thoughts. Let it shape your decisions. Let it guide your step".

**W**hen you meditate on God's word it is more than filling your mind with pleasant ideas. You are allowing truth to take root in your heart, your mind, which is the core where real change begins. In a world that is moving at lightening speed, where distractions are rampant and is the norm, biblical meditation slows you down and trains you to be still. It silences the noise so that you can hear the soft whispers of God. You begin to catch the little details you'd normally overlook. You will begin to hear his voice in verses you have read hundreds of times before. And, suddenly scripture doesn't just speak, it pierces, it comforts, it convicts, it lifts. When you meditate on scripture, it becomes part of you, it starts reshaping the way you see the world.

## Laughter: The Best Medicine

**T**he Bible doesn't have a particular definition for laughter however, portrays it as a multifaceted human expression used in various contexts to reflect a wide range of emotions and attitudes, which can be either positive or negative.

While the Bible does not explicitly state "laughter is the best medicine," it strongly advocates for a cheerful heart, joy, and gladness as part of a healthy, God-intended life. **Proverbs 15:13, Proverbs 17:22, Job 8:21, Psalm 126:2.**

**L**aughter has been said to have healing power which can improve physical health, enhance mental well-being and strengthen social bonds. It triggers a cascade of physiological responses within the body which offers a wealth of health benefits some short term some long term .



cancer .

Remember laughter acts as a natural tonic for the body, fostering a state of physical wellness and vitality through the multifaceted effects on various bodily systems.